



## By the Bushel Community Food Co-operative: Produce Guide

Produce baskets are available throughout the year. Spring baskets are available weekly from early May to mid-June. Summer baskets run weekly or biweekly from mid-June until the end of October. Winter baskets run monthly for six months between November and April on the third Thursday and Friday of the month (for 2015, the December pick-up will happen on the second Thursday and Friday of the month). Baskets come in small and regular basket sizes for weekly spring and summer basket options and regular basket sizes for the summer biweekly and winter basket options. For full details refer to the basket purchase form.

The chart below lists expected basket contents by growing season. Other value-added products from our producer members such as maple syrup, honey, wild rice, cheese/butter, and a variety of frozen meats are also available to add at an additional cost.

Spring	Summer	Fall	Winter
<ul style="list-style-type: none"> <li>• Head lettuce</li> <li>• Salad mix</li> <li>• Radish</li> <li>• Rhubarb</li> <li>• Snow peas</li> <li>• Green onion</li> <li>• Spring turnip</li> <li>• Spinach</li> <li>• Asparagus</li> <li>• Chives</li> <li>• Bok Choy</li> <li>• Chinese Cabbage</li> <li>• Arugula</li> <li>• Braising mix</li> <li>• Broccoli</li> <li>• Mushrooms</li> <li>• Sprouts</li> </ul>	<ul style="list-style-type: none"> <li>• Head lettuce</li> <li>• Salad mix</li> <li>• Garlic Scapes</li> <li>• Garlic</li> <li>• Carrots</li> <li>• Beets</li> <li>• Cauliflower</li> <li>• Cabbage</li> <li>• Summer Squash</li> <li>• Zucchini</li> <li>• Heritage Tomatoes</li> <li>• Basil</li> <li>• Eggplant</li> <li>• Peppers</li> <li>• Watermelon</li> <li>• Muskmelon</li> <li>• Potatoes</li> <li>• Swiss Chard</li> <li>• Beans</li> <li>• Onions</li> <li>• Cucumbers</li> <li>• Dill</li> <li>• Parsley</li> <li>• Cilantro</li> </ul>	<ul style="list-style-type: none"> <li>• Head lettuce</li> <li>• Salad mix</li> <li>• Kale</li> <li>• Collards</li> <li>• Swiss Chard</li> <li>• Beets</li> <li>• Carrots</li> <li>• Cauliflower</li> <li>• Broccoli</li> <li>• Brussel Sprouts</li> <li>• Rutabaga</li> <li>• Celery</li> <li>• Sweet Peppers</li> <li>• Hot Peppers</li> <li>• Tomatoes</li> <li>• Tomatillos</li> <li>• Onions</li> <li>• Leeks</li> <li>• Sweet Potatoes</li> <li>• Potatoes</li> <li>• Winter Squash</li> <li>• Pumpkin</li> <li>• Jerusalem Artichoke</li> <li>• Sage</li> <li>• Rosemary</li> <li>• Parsley</li> <li>• Cilantro</li> </ul>	<ul style="list-style-type: none"> <li>• Potatoes</li> <li>• Sweet Potatoes</li> <li>• Cabbage</li> <li>• Kale</li> <li>• Beets</li> <li>• Carrots</li> <li>• Rutabaga</li> <li>• Onions</li> <li>• Garlic</li> <li>• Leeks</li> <li>• Greens</li> <li>• Dry Herbs</li> <li>• Winter Squash</li> <li>• Pumpkin</li> <li>• Jerusalem Artichoke</li> <li>• Sprouts</li> </ul>

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